

## Transition Towns ~ What are they?

Contributed by Editor

Transition Towns are communities who are taking on the challenge to reduce their dependency on oil supplies, and at the same time reduce carbon emissions. And they do this by growing their own fruit and vegetables, or buying from local sources; trading with local businesses; reducing car use for non-essential travel; and composting and recycling wherever possible.

In a society facing escalating prices as oil reserves dwindle (peak oil) , and a climate which is heating up, this is an environmentally positive initiative~ but one that has profound effects on our culture too as it will bring back a sense of community that many areas have lost.

Longer term aims are to grow more of their own food, generate their own power, and build their own houses using local materials. They can also encourage the development of local currencies, to keep money in the local area.

A more detailed article appears in the Eco section below or check out [www.transitiontowns.org](http://www.transitiontowns.org)